

# Screening Tools for Alcohol

## Direct Enhanced Service England

### Alcohol Users Disorders Identification Test (AUDIT)

PLEASE CIRCLE THE ANSWER THAT APPLIES TO YOU. YOU DON'T NEED TO WORK OUT YOUR SCORE.

#### UNITS

1 pint of regular beer, lager or cider	Alco pop or can of lager	175ml glass wine	Single measure of spirits	Bottle of wine
2 units	1½ units	2 units	1 unit	9 units

Question	Score 0	Score 1	Score 2	Score 3	Score 4	Total Score
How often do you have a drink that contains alcohol?	Never	Monthly or less often	2- 4 times per month	2- 3 times per week	4 + times per week	
How many standard alcoholic drinks do you have on a typical day when drinking?	1 -2	3 - 4	5 - 6	7 - 8	10+	
How often do you have 6 or more standard drinks on 1 occasion?	Never	Less than monthly	Monthly	Weekly	Daily or almost daily	
How often in the last year have you found that you were not able to stop drinking once you had started?	Never	Less than monthly	Monthly	Weekly	Daily or almost daily	
How often in the last year have you failed to do what was expected of you because of drinking?	Never	Less than monthly	Monthly	Weekly	Daily or almost daily	
How often in the last year have you needed an alcoholic drink in the morning to get you going?	Never	Less than monthly	Monthly	Weekly	Daily or almost daily	
How often in the last year have you had a feeling of guilt or regret after drinking?	Never	Less than monthly	Monthly	Weekly	Daily or almost daily	
How often in the last year have you not been able to remember what happened when drinking the night before?	Never	Less than monthly	Monthly	Weekly	Daily or almost daily	
Have you or someone else been injured as a result of your drinking?	No		Yes but not in the last year		Yes during the last year	
Has a relative/friend/doctor/health worker been concerned about your drinking or advised you to cut down?	No		Yes but not in the last year		Yes during the last year	

<b>SCORING:</b>	0 – 7 Sensible drinking	8 – 15 Hazardous drinking	
	16 – 19 Harmful drinking	20+ possible dependence	